

Nappy sacks and plastic bags are handy for disposing of used nappies, but they pose a potential suffocation and choking hazard to babies and young children.



This leaflet contains information and advice to help you use these items safely.

Further support and information

For further help and advice on keeping your baby safe please visit our website at www.cornwallandislesofscilly.nhs.uk

The Nappy Sack Safety Campaign is supported by the following organisations.

Children Accident Prevention Trust
www.capt.org.uk Tel: 020 7608 3828

Royal Society for the Prevention of Accidents
www.rospa.com/childsafety
Tel: 0121 248 2000

Children in Wales
www.childreninwales.org.uk
Tel: 02920 342434

Cornwall Council
www.cornwall.gov.uk Tel: 0300 1234 100



If you would like this leaflet in another language or format, such as Braille or audio, please contact our Patient Advice and Liaison Service on: palsteam@ciospct.cornwall.nhs.uk or 01726 627967.

Babies can suffocate on nappy sacks



Keeping your baby safe

Help and advice for parents and carers of young children



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Nappy sacks can kill - at least 11 babies in England and Wales have already died

Making some simple changes can make a big difference to your children's safety. Help us to prevent anymore babies from needlessly dying.

To avoid danger of suffocation and choking:

Do:

Always keep nappy sacks and other plastic bags and wrapping away from babies and young children.

Don't:

Never place nappy sacks in a baby's cot or pram.

Why do nappy sacks pose a suffocation hazard to babies?

- Babies can suffocate on nappy sacks.
- Young babies naturally grasp anything and put it in their mouths, but they find it more difficult to let go.
- Nappy sacks are flimsy and are small enough to fit in little mouths.

